

SUNDAY WORSHIP AT CENTER GLOBAL METHODIST CHURCH

Please join us for Sunday School at 9am & Worship Every Sunday at 10 am.
You Tube Live Worship Service at Center GMC-Yadkinville NC

Member(s) of the Week: Annette Holcomb, 1512 Booger Swamp Road, Yadkinville, NC 27055

Prayer Needs: Jacob Shore; Kent Mathis; Audrey Sink; Jerry Motsinger; Gale Redding; Brenda Brown; Jennifer Pruitt; Wayne & Tracey Denny; Judy Davis; Shane Stewart; Doc Lynch; Robert & Beth Steelman; Jimmy Collins; Tim Harrison; Sarah Williams; Judy & Lilly friends of Jerry Motsinger; David Crook; Ricky Spicer; Chris Buelin; Peggy Brown; Mike Lawson; Emmett Winslow; Margie Sizemore; Jean Lumley; Kyle Bumgardner; Tim Eads; Linda Church; Jerry & Hilda Carlton; Jayden Adams; Dee Jones; Drew Harris; JJ Graves; Tommie Gambill; Jim Chatman; Brad Higgins; Ryan, Maria & Cali Shumate; Katelyn Bryant; Chris Turner; Georgia Windsor; Edward Allen; Johnny Carter; Cindy Luxe; Larry Aimes; Jim Long; Dan Kibbler; Kelly Shumate; Banks Marion; Lori Evans; Betty Wiles; Debby Gough; Sara Vestal; Penny Knowles; Debbie Hoots; Betty Drye; Azanette Cyprian; Rita Poplin; Jeff Wilkerson; Judy Baldwin; Marilyn Baird; Gale Matthews; Bridget Kimmer; Halee Boggs; Jeff Payne; Ronald Drye; Tim Redding; Mike Whitaker & Tammy Morrison.

Pray for Our Shut-ins: Patty Harrison; Sara Vestal; Evelyn Weatherman; Nina & Lee Groce; Mary Lou Ring; Mary Ann Hill; Peggy Casstevens; Kathy Whitaker Johnson; Audrey Hutchins.

Pray for the Family of: Susie Andrews

Center Global Methodist Church

1400 Center Road, Yadkinville, NC 27055

Office Hours: Friday 1:30 pm -5:30 pm

Office Phone: (336) 679-8247

Email: admin@centergmc.org.

Church Website: centergmc.org.

Pastor: Rev. Justin Douglass- Ph# 704-657-0557

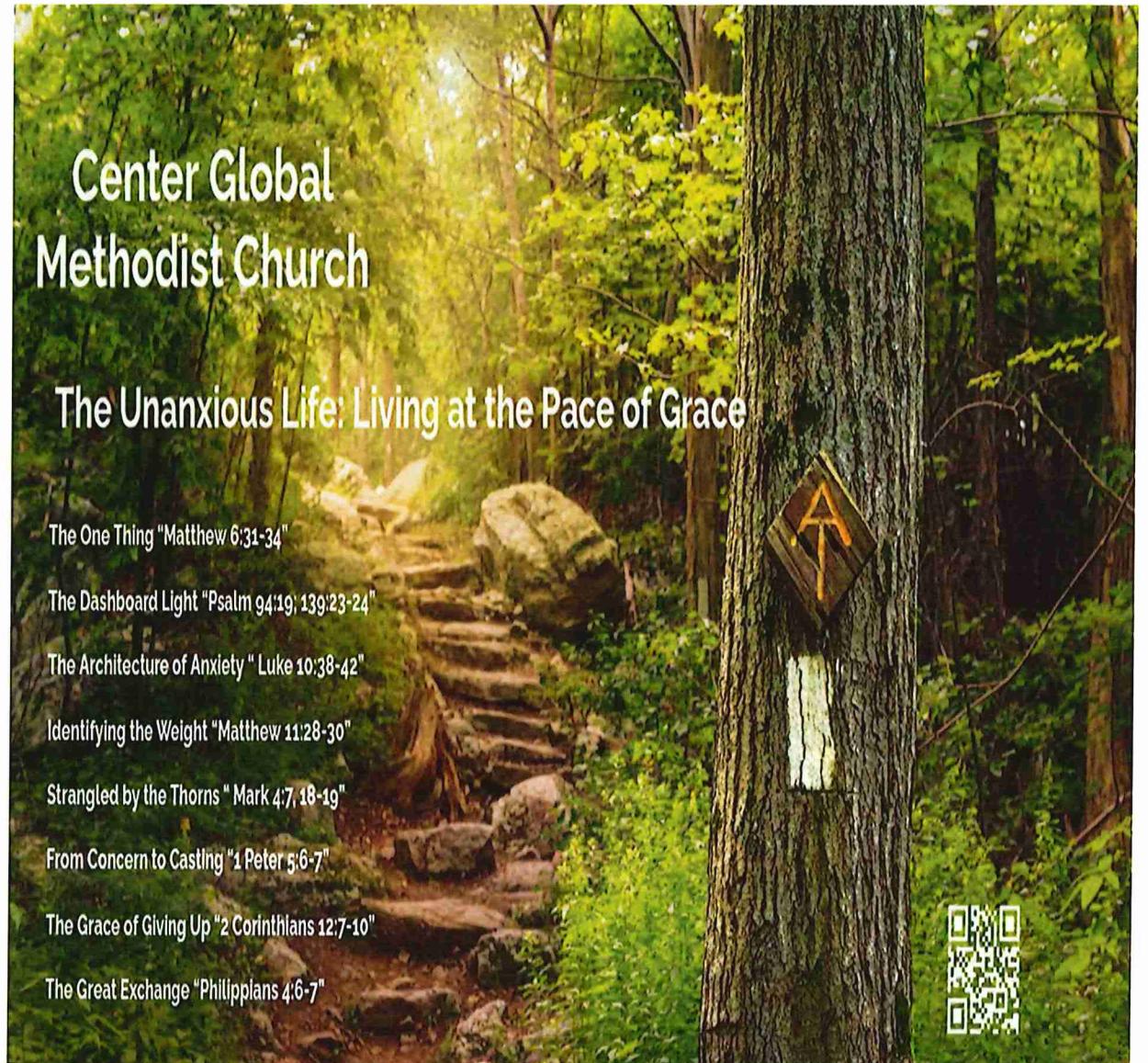
Email: pastorjustin@centergmc.org

Office Manager: Crystal Sprague

Head Ushers: David Sloop / Darry Groce

Pianist: Penny Spernoga

Welcome to Center Global Methodist Church *February 22, 2026*



CENTER GLOBAL METHODIST CHURCH

WELCOME & PRELUDE

✚ OPENING PRAYER SEE SCREEN

✚ OPENING SONG "TAKE TIME TO BE HOLY" UMH #395 (1,3 & 4)

BRINGING IN THE LIGHT OF CHRIST

SPECIAL MUSIC CENTER CHOIR

CHILDREN'S CHURCH DISMISSAL

PRAYERS OF THE PEOPLE

TITHES & OFFERINGS/DOXOLOGY

CENTERING OUR LIVES FOR WORSHIP

MESSAGE "STRANGLER BY THE THORNS" MARK 4:7, 18-19 (NIV)

✚ CLOSING SONG "I NEED THEE EVERY HOUR" UMH #397 (1,3 & 5)

✚ BENEDICTION

✚ *Please stand (as you can)*



Children's Church Today – February 22nd – Jake & Andrea Carter

No Children's Church Next Sunday – March 1st

Acolyte Ministry Schedule February: Eli Carter, Ian Carter, Bradley Owens, Evelyn Owens & Jacob Shore
March: Max Woodruff, Sam Woodruff, Camren Douglass & Chase Spernoga

Backpack Program Delivery Schedule for Yadkinville Elementary School – Week of February 26th – Jamie Williard – Young Adult Class.
 Deliveries will need to be made on Thursday, anytime from 9:00 -11:00 am.

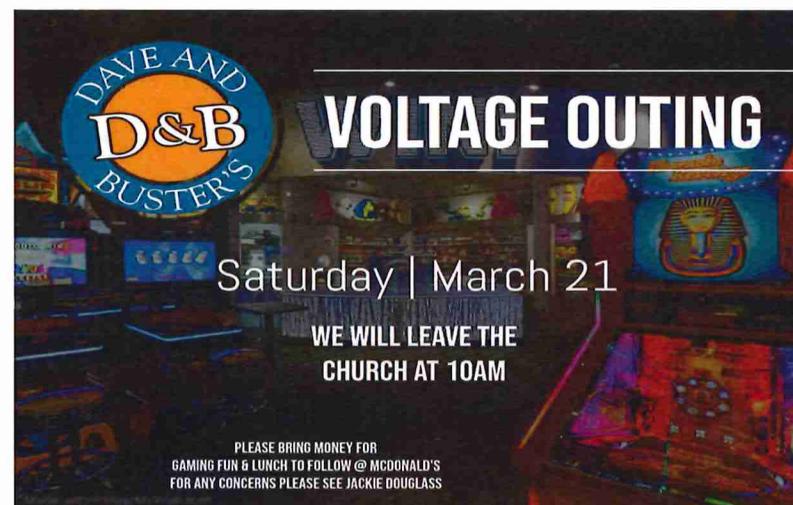


Calendar of Events

Today		Bible Study Following Worship – (NFH – Men) (OFH – Women)
Tues	Feb 24 th	Bible Study – NFH (Morning Class at 10 am & Evening Class at 7 pm) Children/Youth Night – 6:35 pm – Youth Room
Tues	Mar 10 th	Bible Study – NFH (Morning Class at 10 am & Evening Class at 7 pm) Children/Youth Night – 6:35 pm – Youth Room
Wed	Mar 18 th	Susanna Wesley Circle – 7 pm – NFH
Sat	Mar 21 st	Children/Youth Outing to Dave & Busters with lunch to follow at McDonald's
Tues	Mar 24 th	Bible Study – NFH (Morning Class at 10 am & Evening Class at 7 pm) Children/Youth Night – 6:35 pm – Youth Room
Sun	Mar 29 th	5 th Sunday Breakfast – 9 am in our New Fellowship Hall Bible Study Following Worship – (NFH – Men) (OFH – Women)

Worship Team

<u>Date</u>	<u>Multimedia</u>	<u>Nursery</u>	<u>Ushers</u>	<u>Greeter(s)</u>
2/22	Cameron D. Renae Hall/	Lori C.	Ronald & Tammy Drye	Ronald & Tammy Drye
3/1	Shawna P.	Scott Poindexter/Deborah G.	Darry Groce/David Nance	David Nance
3/8	Jamie W.	Crystal Sprague/Anna Owens	David Sudderth/Brad S.	Larry Long
3/15	Cameron D.	Kenneth Reavis/Martha Redding	Rebecca H./Henry D.	Robin Nance



Our Children & Youth are invited to a fun outing at Dave & Buster's in Winston Salem on Saturday, March 21st with lunch to follow at McDonald's.

Please see Jackie Douglass if you have any questions or concerns, thank you!

Community Fellowship FUN Day
CENTER GLOBAL METHODIST CHURCH

CRUISE IN

All cars, trucks, bikes, rat rods,
tractors & lawn mowers welcome!

Music
2pm-3pm &
4pm-5pm
by:
Cranberry
Creek
Bluegrass
Band



Hotdogs &
Hamburgers

SUNDAY, MAY 3RD 2026
2:00 PM - 5:00 PM

Homemade
Desserts &
Ice Cream

Exhibitor
Door Prizes

TO REGISTER EMAIL:
ADMIN@CENTERGMC.ORG

Proceeds will support our Children and Youth Ministries

1400 Center Rd. Yadkinville, NC
27055

Hey! It's Almost Cruise In Time! Please consider volunteering this year, a volunteer sign-up sheet is being passed around today! We hope you all will be able to join us for this Community Fellowship FUN Day on Sunday, May 3rd from 2-5 pm! Be sure to mark this event on your calendars!

Please help us continue to fill the shelves at Yadkin Christian Ministries this year! If you would like to donate, we currently have boxes for donations located in the narthex and by the church mailboxes. Please be sure your donation's are in a bag for easy drop off for our volunteers at the ministry.

Current Needs: Peanut Butter, Spaghetti Sauce, Sweet & Salty Snacks, Vegetable Oil, Canned Meat & Dried Pinto Beans.



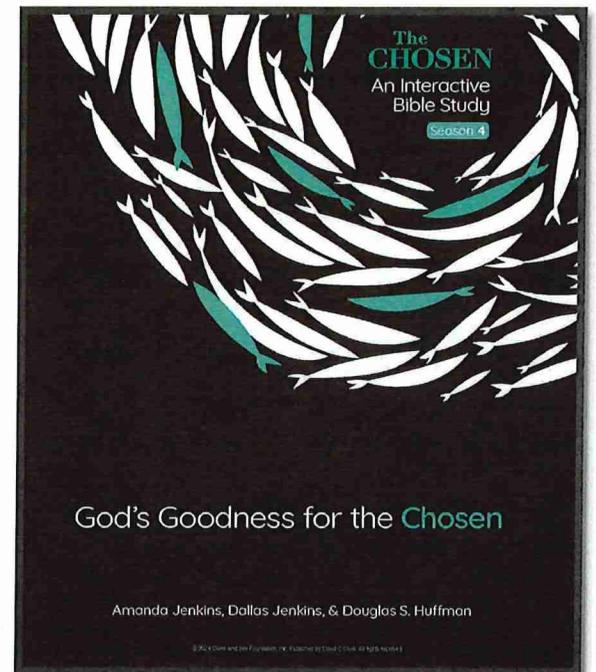
Thank you to everyone for your support of this ministry!

Spring Bible Study Schedule

Everyone is invited to join us for our Spring Bible Study Classes as we study Season 4 of the Chosen. The dates and times for our upcoming bible study classes are as follows:

February 24th
March 10th
March 24th
April 7th
April 28th
May 12th

Our Morning Class will be held at 10 am & our Evening Class will be held at 7 pm in our New Fellowship Hall.



**ADOPT
--- A ---
COLLEGE
STUDENT**

*Sharing God's Love,
One Student
at a time.*

STUDENTS FOR 2026

KYLIE CANTRELL
CAMPREN DOUGLASS
STEPHANIE GRESHAM
RAVEN POINDEXTER
SAWYER POINDEXTER
PIERCE SPRAGUE

PLEASE CONSIDER SUPPORTING OUR YOUNG ADULTS ATTENDING COLLEGE FOR THE 2026 SEMESTER I
(CARDS OF ENCOURAGEMENT, OR SMALL GIFTS)

Please contact Jackie Douglass if you need an address for our college students.

Thank you all for your support for these amazing young adults.

Worship Notes:

1. _____ quickly root into anxiety, but they aren't always bad things; They are often just other things that grow faster than our _____ life, eventually blocking the light.
2. Jesus teaches that the greatest threat to spiritual well-being is actually _____.
3. Anxiety is rarely a sudden explosion; it's a " _____ " that chokes the living by slowly rotting away at life.
4. Thorns are _____ because they compete for the same nutrients – time, energy, and thought – that our _____ needs to grow.
5. The enemy doesn't always have to make you _____ to destroy your fruitfulness; he just has to make you _____.
6. Anxiety from the "worries of this life" is a thorn that grows faster than _____ if it isn't uprooted _____.
7. First, be as specific as you can by _____ what is currently _____ out your time with God while allowing God to fill in the details.
8. Second, _____ what has been _____ you from growing closer to Christ.
9. Third, _____ the Word of God by providing the sunlight it needs to _____ your faith.
10. The tragedy of the thorny ground isn't that the plant dies, but that it becomes _____, and in God's Kingdom, a plant without _____ is the same as no plant at all.

We hope you will make plans to join us for our Men's & Women's Bible Study Classes that will be held the last Sunday of every month!

These Bible Study classes will be held immediately following worship service and snacks will be available as well. Schedule for the first 6 months is listed below, so be sure to mark your calendars!

- February 22nd - JOIN US TODAY!**
March 29th
April 26th
May 31st
June 28th
July 26th

Join Us
To become empowered Men and Women of Christ's Kingdom

BIBLE STUDY

Last Sunday of every month | Men's Bible Study- NFH Women's Bible Study- OFH | Immediately Following Service

Facilitators: Justin and Jackie Douglass
Refreshments will be served during study

Designated Giving to Center Global Methodist Church

January 2026

<i>In Memory of:</i>	<i>Given By:</i>	<i>Fund:</i>
Shane Whitaker	Clark & Debbie Gentry	General
Shane Whitaker	Susan Vest Herring/NCFB	General
Shane Whitaker	Traci & Richie Zachary	General
Shane Whitaker	Cathy Recchio	General
Shane Whitaker	Teresa White	General
Shane Whitaker	Craig & Rebecca Harris	General
Shane Whitaker	Raymond & Adelaide Whitaker	General
Shane Whitaker	Ollie Jackson	General
Shane Whitaker	Kim & Gale Matthews	Youth
Shane Whitaker	Randy & Debbie Matthews	General
Wayne Whitaker	Kenneth & Terri Chapman	General
Wayne Whitaker	Randy & Debbie Matthews	General

Something To Consider:

Read the Parable of the Four Soils in Mark 4:3-9. At first glance, the soil in verse 7 looks promising. Unlike the hard path (where the seed is eaten) or the rocky ground (where the seed withers), this soil is actually fertile. It has the nutrients and the depth to grow something – including thorns. Thorns crowd, clutter, restrict, and compete with the plant for life-giving nutrients. “Thorns” in life often act the same way: They distract, they take away, and they drain us physically, emotionally, mentally, and spiritually. Just like thorns wrapping tighter around a plant, anxiety doesn’t just make us feel bad; it restricts our breathing (our spirit). Review the chart below, then list any thorns currently choking your life.

The Thorn	How it Chokes	The Result
Worries of Life	Distracts the mind	Anxiety replaces Trust
Deceit of Wealth	Promises security	Greed replaces Generosity
Desires for Other Things	Fragments the heart	Busy-ness replaces Fruitfulness

Now that you have identified some “thorns” in your life, it’s time to uproot them. In today’s sermon, Rev. Justin said, “Jesus never told us to just identify the thorns. Jesus never even said to manage the thorns. He said the thorns of life ‘choke the Word,’ and you simply cannot coexist with what is killing you spiritually.” If you feel like your faith is “choked,” the solution isn’t necessarily to “grow harder,” but to weed the garden. This week, start removing the thorns by following the **Rule of One:**

One Deletion: Delete one thing that feeds your “desire for other things.”

One No: Say “no” to something this week so you can reclaim 30 minutes of silence with Scripture.

One Gift: Give away something – money or time – to prove to the “deceitfulness of wealth” that it doesn’t own you.

Read Jeremiah 1:10. In this verse, God gives the prophet a specific order of operations: (1) To uproot. (2) To tear down. (3) To destroy. (4) To overthrow. (5) **And then...to build and to plant.** Note that there are four “negative” actions before the two “positive” ones. You cannot plant a prize-winning garden in a junk yard! The demolition is just as holy as the construction. How does this Scripture relate to Mark 4:3-9? What needs to be demolished in your life so the holy construction of living the Unanxious Life can begin?

The tragedy of the thorny soil is that the plant survives, but it never succeeds. It has green leaves but no grain. It has religion but no transformation. The life of the Word is “choked” – literally suffocated by the surrounding clutter. Feeling choked is feeling stuck. It’s not just worry – it’s a physical and mental paralysis that makes even the smallest task feel like trekking through deep mud. When you feel that way, your nervous system has likely shifted into “freeze” Mode. Your brain perceives a threat (a thorn) it can’t fight or flee from, so it just pulls the emergency brake. When you’re stuck, you can often feel guilty about what you should be doing. That guilt feeds the anxiety. So don’t wait until you feel “ready” to move. Movement usually has to happen first for the feeling to follow. What movements can you make right now to help you live life at the pace of grace? To help answer that question, read Psalm 119:105; Luke 9:62; Philippians 3:13-14; 1 Timothy 4:8.

The New Testament Greek word for “choke” is *sumpnigo*. It is comprised of *syn* (together) and *pnigo* (to strangle or drown), meaning to “strangle completely” or “suffocate by crowding.” In Mark 4:19, to “choke” is to have competitive pressure, meaning the thorns aren’t necessarily attacking the plant with intent; they are simply growing alongside it so aggressively that they steal the nutrients. This means that God’s Word doesn’t fail because it’s weak, but because it is being out-competed for your time and attention. How often do you read the Bible? How often do you study God’s Word? In what ways have you applied God’s Word to your life? Lastly, how can the Word become the primary part of your life?

In Mark 4:3-9, the four soils represent four different ways people respond to God’s message, so we tend to think Jesus was talking about four different kinds of people. However, Jesus was also teaching how (1) different times and/or phases in a person’s life, and (2) how we can accept God’s message in some areas of our lives while resisting it in others. For instance, you may be open to God about your future, but you are closed off to God about your finances. Or, you may thrive like good soil during worship, but then act like rocky soil in loving your neighbor. Believers must strive to be like good soil in every area of life, at all times, in all places, and in all ways. If you compare Mark 4:18-19 with verse 20, the only difference is the removal of thorns. Both heard the “Word,” but **good soil is thornless.** What practical steps can you take to ensure you are not just a “hearer” of the word, but a fruitful one? Verse 19 mentions “desires for other things.” Are there hobbies, ambitions, or habits in your life that are currently growing too large and choking your spiritual growth? Remember, a thorny life is unfruitful. What Godly fruit does your life produce?

For further study & encouragement see: Psalm 1; Proverbs 23:4-5; Matthew 6:24; Luke 12:15; Galatians 5:22-23; Colossians 3:2; 1 John 2:15-17

